

What do YOU desire this year?

It is time to decide and choose what YOU truly want in all areas of your life in the coming year. Do not let any limiting thoughts impede you during this process, write down what YOU want.

Write down what you feel called to do, what would make you happy and what you desire.

You are going to write down everything that you want in each of the 9 areas based on the Feng Shui Bagua Map. This way, you will not be leaving out any part of your life and when you begin taking action on creating these things in your life, you will be able to use Feng Shui in your home to support your journey.

The areas that you will focus on writing what you truly want are:

Abundance

This area is focused on attracting money and material possessions into your life. It is also about all other abundance that uplifts us, makes us feel good and adds to our enjoyment of life.

Self-Discovery

This area of your life is focused on you, how you present yourself to the world and your personal development. It is directly related to your reputation and the recognition that you receive from others (positive and negative). This is the area to focus when you are trying to improve your reputation, are looking for a new beginning, making changes in your life and starting a new project.

Relationships

This area of life is focused on the romantic relationships you share with your partner and the love you feel for yourself. To strengthen your love for others, you must love yourself first.

Creativity

This area of your life focuses on your creative desires and their fruition. It is directly related to your children, as they are creative beings that express themselves in every moment of their lives. Your creativity should once again flow like that of a child's. This area is about the fun and enjoyment you have in your life and how you communicate that with others.



Assistance

This area of your life is about the helpful people that support and guide you on your journey. It is about the support you receive from those that mentor, guide and assist you. Assistance comes in many ways, in many forms and is any insight and mentoring you receive mentally, physically and spiritually.

Purpose

This area of your life includes doing what you love and are passionate about and the career path that you choose. It is ideal to integrate your career and your passion to feed your soul and express your truest talents, and abilities.

Wisdom

This area of your life is directly related to the wisdom that you gain acquiring knowledge through any form of learning that you do on a daily basis including programs, classes, formal education, reading, your life experiences and inner guidance and connection.

Community

This area of your life is about the relationships that you share with your family members and those that feel like family (close friends and co-workers). The focus is to create healthy, nourishing relationships that provide mutual support and unconditional love for each other.

Well-Being

This area of your life is focused on your mental, physical and spiritual health. When you are centered, you can create the life that you are meant to live (who you were born to be) and you will be supported with a strong mind, body and spirit.

For each area of your life write down EVERYTHING that you desire!

Don't filter it yet.

Just write it all down.

You will go through what you've written again later.



What do you desire in your life in the area of ABUNDANCE this year?

What do you desire in your life in the area of SELF-DISCOVERY this year?



What do you desire in your life in the area of RELATIONSHIPS this year?

What do you desire in your life in the area of CREATIVITY this year?



What do you desire in your life in the area of ASSISTANCE this year?

What do you desire in your life in the area of PURPOSE this year?



What do you desire in your life in the area of WISDOM this year?

What do you desire in your life in the area of COMMUNITY this year?



What do you desire in your life in the area of WELL-BEING this year?

Now, go back and review all of your answers and make sure that they feel really good. In fact, they feel amazing and you feel excited about making them happen (and a little nervous too). Make sure they align with who you are and what you desire.

For the ones that don't feel this way, cross them out.

Then, read them all again and for each area circle 3 things that you want to create and desire most in that area for the coming year.

You are then going to list these things out below. You will be putting the one that you desire and want to create MOST important first and the second most important one second and then the final one will be in the third spot.

It is important to prioritize what you want to create and what you desire the most so that you are spending your time and energy on those things in the year to come.

This will become the list that you use to create your four 90-Day Plans in The Way of the ACTION TAKERS framework throughout the year.



What do you desire most in the area of ABUNDANCE for the next year?

1. _____

2. _____

3. _____

What do you desire most in the area of SELF-DISCOVERY for the next year?

1. _____

2. _____

3. _____

What do you desire most in the area of RELATIONSHIPS for the next year?

1. _____

2. _____

3. _____

What do you desire most in the area of CREATIVITY for the next year?

1. _____

2. _____

3. _____

What do you desire most in the area of ASSISTANCE for the next year?

1. _____



2. _____

3. _____

What do you desire most in the area of PURPOSE for the next year?

1. _____

2. _____

3. _____

What do you desire most in the area of WISDOM for the next year?

1. _____

2. _____

3. _____

What do you desire most in the area of COMMUNITY for the next year?

1. _____

2. _____

3. _____

What do you desire most in the area of WELL-BEING for the next year?

1. _____

2. _____

3. _____



You did it!

This is what you are desiring most and taking action on in 2023!

Now, I want you to remember that sometimes things happen in life and what you desire most changes. This is a working document and it can change at any point. Just don't change one of your desires because it got hard, you feel uncomfortable going after it or that you are not receiving the support for your desires that you want. Those aren't reasons to change your desires, they are reasons to keep pushing forward!

